

The MAK Collection for Occupational Health and Safety

Addendum to Tetrachloroethylene

Assessment Values in Biological Material – Translation of the German version from 2018

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Addendum to Tetrachloroethylene

BAT value documentation

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Abstract

In 2017, the German Commission for the Investigation of Health Hazards of Chemical Compounds in the Work Area has re-evaluated tetrachloroethylene [127-18-4], considering tetrachloroethylene in blood to characterize the internal exposure at the workplace. Available publications are described in detail.

The exposure equivalents for carcinogenic substances (EKA) of inhaled tetrachloroethylene and tetrachloroethylene in blood were confirmed and extended by recent data. The evaluation of the BAT value was based on the relationship between tetrachloroethylene uptake by inhalation at the MAK value and the corresponding concentration of tetrachloroethylene in blood. An eight-hour exposure at the present MAK value of 10 ml tetrachloroethylene/m³ correlates, 16 hours after exposure, with a mean tetrachloroethylene concentration in blood of approximately 200 µg/l. Hence, a BAT value of 200 µg tetrachloroethylene/l blood was evaluated. Sampling time is 16 hours after exposure.

Keywords

tetrachloroethylene; perchloroethylene; occupational exposure; biological tolerance value; BAT value; BLW; toxicity

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Addendum to Tetrachloroethylene

BAT (2017)

200 µg tetrachloroethylene/L blood

Sampling time: 16 hours after the end of exposure

EKA (2017)

Correlation between external and internal exposure:

Air Tetrachloro- ethylene		Blood Tetrachloro- ethylene
[mL/m³]	[mg/m³]	[µg/L]
3	21	60
10	69	200
20	138	400
30	206	600
50	344	1000

Sampling time: 16 hours after the end of exposure

MAK value (2016)

10 mL/m³ (ppm) ≙ 69 mg/m³

Absorption through the skin (1997) H

Carcinogenicity (1988)

Category 3B

10 Re-evaluation

Due to limited evidence of a carcinogenic effect (see Guyton et al. 2014), the then valid BAT value for tetrachloroethylene of 1 mg/L blood (at the then valid MAK value of 50 mL/m³) was suspended in 1997 and the substance was classified as a category 3B carcinogen. Instead of the BAT value, an EKA correlation was established (exposure range between 10 and 50 mL/m³, see Schaller and Bolt 2001). The measurement parameter was the tetrachloroethylene concentration in whole blood with sampling being performed 16 hours after the end of shift (beginning of the next shift). This sampling time helps avoid problems caused by the rapid initial wash-out phase after the end of exposure (see Section 10.3). Meanwhile, the MAK value for tetrachloroethylene has been set at 10 mL/m³, which makes it possible to derive a corresponding BAT value (Hartwig 2017).

10.1 Toxicokinetics

Studies have been published in the U.S. to improve the modelling of the toxicokinetics of tetrachloroethylene. These activities, however, did not primarily focus on biomonitoring but rather on species comparison and risk assessment based on data from animal studies using Bayesian statistical methods (Chiu and Ginsberg 2011; Clewell et al. 2005; Covington et al. 2007; Qiu et al. 2010).

These models confirm the low metabolic rate of tetrachloroethylene, with 95th percentile values of 2.1–5.2% (Covington et al. 2007) being reported. For an environmental concentration range of 1 ppb, a metabolic rate of 1.89% (Qiu et al. 2010) was reported. There are major interindividual differences in the extent of metabolism (Chiu et al. 2007; Clewell et al. 2005).

With regard to the biomonitoring of tetrachloroethylene metabolites, the individual significance is severely limited by this considerable interindividual variability. For the main metabolite trichloroacetic acid, its well-known long half-life (approx. 100 hours) poses the problem that results of short-term experimental laboratory exposure can hardly be compared with field data of individuals who have been subjected to long-term occupational exposure (Loizou 2001). Furthermore, trichloroacetic acid is also the main metabolite of the chlorinated hydrocarbons 1,1,2-trichloroethane and 1,1,1-trichloroethane. This speaks for the use of tetrachloroethylene in biological material as a biomonitoring parameter.

10.2 New biomonitoring studies

Against the background of the successful measures to reduce occupational exposure over the past two decades, occupational medical field studies on tetrachloroethylene biomonitoring are available which also include individuals subjected to low levels of exposure (< 10 ppm). These studies focus on dry cleaning staff.

In the study by Gobba et al. (2003), a total of 26 dry cleaning workers in Modena/Italy (16 men, 10 women) were examined, with personal monitoring being performed in the breathing zone using passive samplers for the duration of a shift, blood sampling directly at the end of the shift and urine sampling in the second half of the shift. The day of the week within a working week was not mentioned. The relationships between external exposure and tetrachloroethylene concentrations in blood and urine at the end of the shift were investigated. There is a linear relationship between external exposure and blood concentration even at low exposure levels. For the urinary tetrachloroethylene concentration, a linear relationship is less obvious at low concentrations. The choice of sampling times does not allow a direct comparison with the blood concentrations evaluated by the Commission (sampling 16 hours after the end of exposure).

Maccà et al. (2012) examined 29 men and 42 women working in dry cleaning facilities in the province of Padua/Italy on Thursday and Friday of a working week. The tetrachloroethylene concentration in air was determined using passive samplers. A frequent occurrence of peak concentrations was characteristic. Urine samples were collected before and after each shift, while blood samples were collected on Thursday after the shift and on Friday before the shift. For the pre-shift concentration of tetrachloroethylene in blood (y ; mg/L), the formula

$$y = 0.14517 + 0.00303 \cdot (\text{mg/m}^3 \text{ tetrachloroethylene})$$

was used. For the MAK value of 10 mL/m³, this yields a pre-shift value of 0.35 mg tetrachloroethylene/L blood. The pre-shift blood concentrations were thus on the whole higher, compared with the correlation stated by the Commission. No applicable correlation was found between the pre-shift blood and urine concentrations.

In the study by McKernan et al. (2008), 18 women working in dry cleaning facilities in southwest Ohio/U.S. were examined. On three consecutive days (Wednesday to Friday of the working week), the personal exposure to tetrachloroethylene was determined using active samplers. Urine samples were collected before and after each shift; a blood sample was collected on the second day before work commenced. Tetrachloroethylene concentrations in the total group averaged 3.15 mL/m³ on the first two days. The mean blood concentration at the beginning of the shift on the second day was 70.5 µg/L blood. This value is perfectly in line with the linear EKA correlation evaluated by the Commission and proves that this correlation can also be extrapolated to ranges < 10 mL/m³.

10.3 Evaluation of the EKA correlation

Toxicokinetic models confirm that only a very small proportion of incorporated tetrachloroethylene is metabolised, and that there is a great individual variability in metabolism. Therefore, the determination of the main metabolite trichloroacetic acid is not suitable for biomonitoring.

With regard to the determination of tetrachloroethylene in blood, there are significant differences between studies if sampling is performed immediately after the end of the shift. This may be due to the fact that the exact blood sampling time is very important in the initial post-exposure wash-out phase.

The previously evaluated correlation between the tetrachloroethylene concentrations in air and in blood at the beginning of the shift after previous shifts is confirmed by the study conducted by McKernan et al. (2008). According to this study, this correlation is also valid in a low extrapolation range < 10 mL/m³. The higher values measured by Maccà et al. (2012) can possibly be attributed to the frequent occurrence of concentration peaks in the local collective.

This yields the following correlation between external and internal exposure:

Air Tetrachloroethylene		Blood Tetrachloroethylene
[mL/m ³]	[mg/m ³]	[µg/L]
3	21	60
10	69	200
20	138	400
30	206	600
50	344	1000

Sampling time: 16 hours after the end of exposure

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The MAK value of 10 mL tetrachloroethylene/m³ corresponds to a mean concentration (before the next shift) of

200 µg tetrachloroethylene/L blood.

This value has thus been set as the BAT value.

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