

Methodological quality of the included studies

Methodological quality assessment tool	AMSTAR-2																Overall assessment				
	Items																				
Author, year	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16					
Edwards et al., 2020	Y	Y	Y	Y	Y	Y	Y	Y	N	Y	NM	NM	Y	Y	NM	Y	Low				
Chew et al., 2019	Y	N	N	PY	Y	Y	Y	Y	Y	Y	NM	NM	N	Y	NM	Y	Low				
Methodological quality assessment tool	AGREE-II																Overall assessment				
	Domains																				
Author, year	1		2		3		4		5		6										
NICE, 2020	100%		78%		81%		100%		38%		100%		82.83% ^a								
Methodological quality assessment tool	CHEC-list																			Overall assessment	
	Items																				
Author, year.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Maervoet, et al., 2019	Y	Y	N	Y	Y	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	Moderate

NM= No meta-analysis conducted; Y= Yes; N= No; PY = Partial yes; ^a Values above 70% represents adequate quality.