Attachment 3: Views on work-life balance depending on whether you work in a surgical or conservative specialty

Specialty	Physicians working in surgical disciplines, n=449*	Physicians working in conservative medicine, n=848*
Do you have (a) child(ren)? N (%)	005 (05.7)	505 (70.0)
Yes No	295 (65,7) 154 (34,3)	595 (70,9) 244 (29,1)
Do you want children? N (% of "no children")		
Yes No	113 (82,5) 24 (17,5)	120 (61,2) 76 (38,8)
"I have/had the feeling that I had to choose between a career and a		(00,0)
child." N (%) Disagree / Strongly Disagree		
Partially agree	39 (25,6)	78 (32,6)
Tend to agree /Strongly Agree	35 (23,0)	45 (18,8)
	116 (76,3)	117 (48,7)
"I base my child planning on my career steps." N (%)	11 (10 5)	00 (40 5)
Disagree / Strongly Disagree	14 (12,5)	23 (19,2)
Partially agree	10 (8,93)	28 (23,3)
Tend to agree /Strongly Agree	88 (78,6)	69 (57,5)
"Can you imagine taking a break from work to take parental leave?" N (% of "no children")		
Yes, after training*	48 (60,0)	28 (37,3)
Yes, during training*	27 (33,8)	43 (57,3)
Not at all	5 (6,25)	4 (5,33)
"If you can imagine taking parental leave, how many months?" N	(, ,	(, ,
(% of "no children")	25 (10.4)	28 (13,5)
1-2 months	25 (19,4) 36 (27,9)	46 (22,2)
3-6 months	50 (27,9)	78 (37,7)
7-12 months	18 (13,9)	55 (26,6)
> 12 months	10 (10,0)	, ,
"Did you interrupt your work due to parental leave?" N (% of "children present")		
Yes	149 (58,9)	350 (69,9)
No	104 (41,1)	151 (30,1)
"How long did you take parental leave?" N (% of "parental leave		
taken")	0 (0 00)	45 (7.4)
1-2 months 3-6 months	6 (6,98)	15 (7,4)
7-12 months	18 (20,9)	18 (8,9)
> 12 months	35 (40,7) 27 (31,4)	75 (37,1) 94 (46,5)
«I ballana Abada a a a a a a la a a a a a la a a a a	21 (31,4)	34 (40,0)
"I believe that parental leave will reduce my chances of promotion in the long term." N (% of "not yet taken parental leave")		
Disagree / Strongly Disagree	46 (17,4)	97 (27,1)
Partially agree	41 (15,6)	73 (20,4)
Tend to agree /Strongly Agree	176 (67,0)	188 (52,5)
"Taking parental leave will reduce my chances of promotion in the long term" N (%)		
Disagree / Strongly Disagree	33 (28,4)	75 (28,5)
Partially agree	20 (17,2)	50 (19,0)
·	20 (17,2)	JU (13,U)

Attachment 3 to Oberberg S, Enax-Krumova E, Kruppa C, Meyer-Frießem C, Denz R, Funhoff A, Behrens V, Berres D, Fortmeier V, Sträter D, Strotmann J, von Glinski M. *Career and life planning in the context of the postgraduate medical training – current challenges and opportunities*. GMS J Med Educ. 2024;40(1):Doc5. DOI: 10.3205/zma001660

"I believe that taking parental leave can have a negative impact on		
the long-term career development of colleagues/employees." N (%)		
Disagree / Strongly Disagree	58 (25,5)	98 (24,8)
Partially agree	41 (18,1)	98 (24,8)
Tend to agree /Strongly Agree	128 (56,4)	199 (50,3)
"Do you support other colleagues taking parental leave?" N (%)		
Yes, for both men and women	195 (85,9)	365 (92,4)
Yes, for both men and women, but only up to two months	17 (7,5)	11 (2,8)
No, same for men and women	15 (6,6)	19 (4,8)
"Do you support other colleagues/employees who wish to work		
part-time?" N (%)		
Yes, for both men and women	180 (79,3)	373 (86,7)
Yes, for both men and women, but only for a limited period of time	18 (7,9)	30 (6,9)
No, equally for men and women	29 (12,8)	27 (6,3)
Do you work full-time (≥ 100%) or part-time (<100%)? N (%)		
Part-time	105 (24,5)	303 (38,4)
Full-time	323 (75,5)	486 (61,6)
This is how domestic/family responsibilities are distributed. N (%)		
I am a single parent	18 (4,5	44 (6,8)
I do most of the domestic/family responsibilities	87 (21,9)	238 (36,6)
Domestic/family responsibilities are shared equally	198 (49,7)	242 (37,2)
My partner does most of the domestic/family responsibilities	95 (23,9)	127 (19,5)
"Do you think that career opportunities are different for men and		
women?" N (%)		
Yes	359 (92,3)	635 (91,5)
No	30 (7,71)	59 (8,5)

^{*} The numbers and % refer to the (percentage) shares of the questions answered in each case.