

## Attachment 1: Voluntary course: sexual anamnesis

Date 1: 25.11.

Date 2: 30.11

Date 3: 2.12

Date 4: 7.12

Date 5: 9.12

respectively 18 – 20 pm in presence (tutor time: 17.45 – 20.15 pm)

Participants: max. 12, from 8./9. semester

| Preperation  | Responsibilities |
|--|------------------|
| mal with nformations for participants  | Maria/ Simone    |
| Zoom link/ technic   |                  |
| Preperaton <ul style="list-style-type: none"><li>Folder with materials &amp; participant lists in the tutors' office</li><li>5* Role instructions (for each case for observer, doctor, patient)</li><li>Evaluation matrix 5 *</li><li>Blueprint</li><li>Printed PP</li><li>Evaluation QR code</li><li>Tutor instructions for moderation of the role plays</li><li>Self-reflection sheet for all participants</li><li>Zoom - Link for the lecturers absolutely deposit on the Ex_Skills - folder!</li><li>Possibly prepare Eddings &amp; Flipcharts/ Answergarden</li></ul> | Isa/ Maria       |
| Before starting PowerPoint <ul style="list-style-type: none"><li>Set up rooms (1* plenary hall with beamer &amp; computer, 3* rooms with tables &amp; 4 - 5 chairs depending on number of trainees)</li><li>Prepare list of participants</li></ul>   | Isa/ Maria       |

| Time  | Duration | Content   | Slide  | Goals   | Methods  | Material                   | who prepares | who refers |
|-------|----------|---|--------|---|--|----------------------------|--------------|------------|
| 18:00 | 5'       | Check attendance & 3 G's<br>Fill out self-reflection sheet as an offering |        | Arrive  | self-reflection sheets                             | self-reflection sheets     |              |            |
|       | 3'       | Welcome<br>Introduction of tutors   | 1-3    | Welcome participants<br>Introduction of the participants and project partners/ how did the course come about?<br>Classification of the course in the curriculum | Vorstellung  | Power Point                |              |            |
|       | 2'       | Structur  | 4      | Outlook on the course of the evening  | Presentation                                       | Power Point                |              |            |
|       | 10'      | Brainstorming   | 5      | Align expectations<br>-> Focus of the course: practicing appreciative sexual anamnesis<br>Emphasize relevance of sexual anamnesis and the course                | Interactive: Flipchart/<br>Answergarden            | Flipchart/<br>Answergarden |              |            |
|       | 1'       | Why sexual history is important: study.                                   | 6-7    | There is no "right" sexual anamnesis, small aids should nevertheless be discussed<br>What should I pay attention to in general during a sexual anamnesis?       | Presentation                                       | Power Point                |              |            |
|       | 3'       | Why talk about sexuality in practice?                                     | 8      |   | Presentation                                       | Power Point                |              |            |
|       | 2'       | What should I look for in a sexual history?<br>General aspects            | 9 - 10 | There is no "correct" sexual anamnesis, nevertheless, small aids are to be discussed<br>What should I pay attention to in general during a sexual anamnesis?    | Presentation                                       | Power Point                |              |            |
|       | 2'       | Structur  | 11     | Organizational framework<br>"Procedure"   | Presentation                                       | Power Point                |              |            |
|       | 2'       | When do I ask about sexuality, possible occasions for a sexual anamnesis  | 12,13  | Short overview for occasions of a sexual anamnesis  | Presentation                                       | Power Point                |              |            |
|       | 15'      | How can I ask about sexuality   | 14     | Practicing / gaining confidence / introduction to interview techniques  | Interactive: 4 groups with 3 Studierende → 1 issue | Flipchart                  |              |            |

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|--------------|-----------|--|-------|--|--------------------------|---------------------------|--------------|--------------|
|              | 7'        | PPP and HIV-Testing  | 15,16 | Introduce PPP mnemonic, sample sentences, HIV testing          | presentation interactive | Power Point               |              |              |
| <b>18:52</b> | <b>8'</b> | <b>Ortswechsel</b>   |       |  |                          |                           |              |              |
| 19:00        | 5'        | Practical excersises   |       | Overview of procedure, distribution of tasks, group assignment |                          |                           |              |              |
|              | 20'       | R1: Blood pressure medication  |       | Exercise, Feedback   | role play                | Breakout Session          |              |              |
|              | 20'       | R2: Sleep disorder   |       | Exercise, Feedback   | role play                | Breakout Session          |              |              |
|              | 20'       | R3: Inner restlessness   |       | Exercise, Feedback   | role play                | Breakout Session          |              |              |
| <b>20:05</b> | <b>5'</b> | <b>Change of location</b>  |       |  |                          |                           |              |              |
| 20:10        | 18'       | Plenum: discussion of role plays, time for content-related questions | 18    | Clarification of open questions                                | Plenum                   | Zoom                      |              | Dozierende*r |
| 20:28        | 2'        | Take home messages   | 19    |  |                          |                           |              |              |
| 20:30        | 5'        | Goodbye, reflection/ feedback  |       | Conversation<br>QR code  |                          | QR Code & Evaluation link |              |              |