

Attachment 1: Interview guide

Information to the study participant		
<p>Dear Mr./Mrs...as you know, we want to explore the personal experiences of students involved in the care of COVID-19 patients during this phone call interview. We hope that your answers will help us better understand encountered challenges and help support and improve people's mental health in COVID-19 patient care. In addition, by agreeing to participate in our study, your input will help us provide students working with COVID-19 patients with better need-informed information, interventions, and professional support in the future. Thank you very much for your support in our research efforts!</p> <p>You are currently involved in the care of COVID-19 patients. We would now like to ask you a few questions about your work. Our interview will last about 20 minutes. Feel free to answer the questions in any way you like. In addition, I might ask you some additional questions in response to your answers to clarify them. Do you have any questions?</p>		

Question 1: Motivations of use		
Guiding question	Maintaining questions	Additional questions
To begin with, I would be interested to know what prompted you to volunteer to help care for the COVID-19 patients?	Personal motivation? External cause? Support? Discussion with others? Etc.	-

Question 2: Anticipated charges		
Guiding question	Maintaining questions	Additional questions
What do you think working with COVID-19 patients would be like before your assignment?	What fears or concerns did you have before your first assignment? What did you think contact with COVID-19-tested individuals would be like before your first assignment?	-

Question 3: Subjective experience of the assignment		
Guiding question	Maintaining questions	Additional questions
How did you experience working in COVID-19 patient care?	Did your impressions change over time? -What associations did you have? How did you experience contact with COVID-19-tested individuals in particular? -What feelings did you have while working with COVID-19-tested individuals? -Were there situations you found challenging? -Did you experience any good moments?	Was it depressing? Did it make you feel anxious or fearful? Did you feel panicked yourself? Did you feel powerless? Or did you not "feel" much at all?
	What do you think about the level of <u>organization</u> of your assignment? What was the level of <u>communication</u> within the team and with the physicians? How did you experience the available supervision on a <u>medical level</u> ?	Did you feel well taken care of during your assignment? Were you able to consult experienced physicians when making difficult medical decisions?

Question 4: Traumatization		
Guiding question	Maintaining questions	Additional questions
People working in close contact with physically and mentally burdened patients, for example, because of uncertainties surrounding the disease and its progression, may also find that they become mentally burdened. Would you say that you have experienced something like this yourself?	(Explore depression and anxiety symptoms)	-

Question 5: Subjective experience after deployment		
Guiding question	Maintaining questions	Additional questions
After caring for COVID-19 patients, did you ever feel preoccupied with something related to your work there?	What thoughts or feelings were on your mind when you went home in the evening? Has anything related to your assignment kept you preoccupied in particular? How do you deal with your experiences during your assignment? Have you talked to anyone? Have you asked for support? Etc.	-

Question 6: Subjective experience after deployment		
Guiding question	Maintaining questions	Additional questions
Do you think that your values or outlook have changed after working on this assignment?	-	-

Question 7: Interventions?		
Guiding question	Maintaining questions	Additional questions
What kind of support do you think students working on this assignment need?	What would be helpful from a medical perspective? What would be helpful for your mental health?	-

Question 8: Further assignments?		
Guiding question	Maintaining questions	Additional questions
Would you volunteer for an assignment working with COVID-19 patients again?	-	-

Question 9: Conclusion		
Guiding question	Maintaining questions	Additional questions
In conclusion, what have you been able to draw from your experience caring for COVID-19 patients in the field?	-	-